

Complex Pain Clinic

What is the Pediatric Complex Pain Clinic?

It's a multidisciplinary clinic that cares for children 17 years and younger that have significant complex pain issues, and their families.

What specialists care for children with complex pain?

The team includes:

- physicians (anesthesiologists)
- physiotherapists
- registered nurse
- psychologists
- family therapist

What kinds of complex pain problems can be referred?

After basic pain management has been trialed, and sinister pathology has been ruled out, all types of complex pain problems may be referred, including:

- musculoskeletal pain
- neuropathic pain
 - post-surgical or post-traumatic pain
- headaches that have already been assessed by pediatric neurology
- abdominal pain that has already been seen by gastroenterology
- complex regional pain syndromes (CRPS)
- widespread pain syndrome
- pain of unknown cause
- consultation for advanced pain management strategies from sub-specialists

What happens on and after the first visit?

Once the child has been seen by the team, the family, child, and team will work together to create a treatment plan and follow-up care plan.

How do I refer a child to the program?

A physician or primary care provider needs to make the referral to the Complex Pain Clinic at the Alberta Children's Hospital. Fax the referral letter and supporting documentation to (403) 955-7606

Please include: pain history, how pain is impacting life of patient/family, current and past medication use, relevant DI and lab tests & any physical or mental health diagnoses

For more information on exclusion or inclusion criteria, please call the clinic (403) 955-7430, or visit the Alberta Referral Directory online.